

The



Cardinal

JUNE JULY 2013 • WWW.SAINTPAULAUDUBON.ORG • SAINT PAUL AUDUBON SOCIETY

Saint Paul Audubon's Butterfly Count

Saturday, June 29, 9:45 AM to 2:00 PM

Dean Hansen will again be our leader for Saint Paul Audubon's annual Butterfly Count. It will take place at the Arden Hills Army Training Site (AHATS).

Good News! The Army has built a new building inside the Training Site . . . with toilets that we can use during the count.

However! It can get very hot outside! Also, we may be attacked by mosquitos. Bring lots of water, your bag lunch, and repellent.

Bring a butterfly net if you own one. If you do not, don't despair, Jeff Fisher and SPAS have enough extra nets for all. Bring a bird book and binoculars if you are interested in the birds of AHATS! We always make a list of birds seen as well.

Since this is an Army facility, we must give the National Guard the names of all participants before the count. Because of EPA regulations, no one under age 18 may participate.

To register, contact Dorothy Waltz at 651-917-0930 or dwaltz@isd.net no later than Tuesday, June 25TH. Please remember to bring \$5 cash to cover the costs of SPAS participation.

Registered participants will meet in the parking lot of the new Army building on Hamline Avenue, north of Hwy 96 by 9:45 AM. We will carpool into the butterfly count sites.

For more information, please contact Dorothy Waltz at 651-917-0930 or dwaltz@isd.net. A map and info packet will be mailed to registered participants before the count. We hope to see you on June 29TH!

Useful websites to help you prepare:

Mike Reese maintains an *excellent* website about butterflies at <http://www.wisconsinbutterflies.org>

Jeff Fischer, one of our participants, also has a beautiful nature website at <http://ecobirder.blogspot.com> It has much more than butterflies; a fascinating browse!

Great Blue Heron Chick Hatches on Live Cornell Cam



May 15, 2013: **Thousands watch as first of five eggs hatches**

ITHACA, N.Y. — The first of five eggs in a Great Blue Heron nest near the Cornell Lab of Ornithology has hatched, setting off weeks of activity as the parents raise their chicks and try to keep up with their demands.

"The first chick broke through around 2:05 PM today," said Charles Eldermire, leader of the Cornell Lab Bird Cams project. "These birds are such a treat to watch as they grow. The young ones have 'punk hairdos' at first and they are so entertaining as they squabble over fish

their parents regurgitate for them and make loud clacking noises whenever they want to eat — which is pretty much all the time!"

Tune in to catch the rest of the eggs hatching at www.allaboutbirds.org/cornellherons.

There's also plenty of action on the Red-tailed Hawk cam on the Cornell University campus, where the adult hawks, Big Red and Ezra, are now trying to keep up with the demands of three rapidly growing chicks. The first of their brood was hatched on Earth Day. Check out the action there at www.allaboutbirds.org/cornellhawks.



Dean Hansen, ID's a Count 'Participant'



BOARD MEETINGS

Saint Paul Audubon's Board Meetings are held at the Ramsey-Washington Metro Watershed Office at 2665 Noel Drive, Little Canada. Exit 35-E at Little Canada Rd, go east to Noel. Meetings are held 6:30 to 8:30 PM.

Upcoming dates: **June 3 potluck.**

Officers are: **Barb Lindeke, Deb Bachrach, Mary Beth Smith Peterson, Richard Newmark.**

Board Members are: **Craig Andresen, Mark Bearss, Jim Lindner, Tom McCarthy, Deb Robinson, Laurel Stiebler, Monica Wiese.**

Online Guide to North American Birds

Spring welcomes the return of migratory birds to the nation's backyards and woodlands.

Learn more about your favorite avian visitors with Audubon's brand new online bird ID guide, covering over 800 North American species. Explore descriptions, photos, range maps and bird songs at <http://birds.audubon.org/birdid>. Also available on Facebook and Twitter.

Please Thank Governor Mark Dayton!

(Gleaned from local news pages)

While signing bills after this spring's legislative session, Dayton vetoed portions of two bills: 1) allocations for metropolitan regional parks, 2) stopping aquatic invasive species.

Several legislators and nearly two dozen other habitat and sportsmen's groups had requested that these projects be removed, because neither was endorsed by the *Lessard-Sams Outdoor Heritage Council*, the citizens' panel that helps decide how legacy amendment sales tax revenue is spent. mark.dayton@state.mn.us

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Chapter Phone <i>(Outgoing Message Only — take down numbers to call for info)</i>	651-291-2596
Audubon Minnesota	651-739-9332 www.mn.audubon.org

ABOUT OUR CHAPTER

Founded in 1945 as the 'St. Paul Bird Club' with 12 members, the Saint Paul Audubon Society now serves the entire East Metro region of the Twin Cities area, and has around 2,600 members. We hold 9 Member Meetings a year. Feel free to contact those listed at left for more info, or write to SPAS at PO Box 7275, Saint Paul, Minnesota, 55107 or visit our website at www.saintpaulaudubon.org

ABOUT OUR NEWSLETTER

The Cardinal is published 6 times a year. Articles are due on the 5th of January, March, May, July, Sept, and Nov. Submissions may be edited. Send to hpbirdscouter@msn.com

THE CARDINAL Electronic Version Members may now receive the newsletter by download from the website. To sign up, contact Webmaster **Ben Wilson** online at webmaster@saintpaulaudubon.org.

LOCAL SUPPORT

Audubon members who don't live in the East Metro Area who want to receive *The Cardinal* may send \$15 for a 1 year's subscription to **John O'Connell**, 2184 Larry Ho Drive, Saint Paul, MN 55119

ADDRESS CHANGES

Please call **1-800-274-4201** to change your address for National Audubon Society mailings, including *Audubon Magazine* and *The Cardinal*, or to sign up for Audubon's paper-free renewal program.

Nat'l Audubon Soc. www.audubon.org

Solar-powered bird bath instructions

We all know that birds are especially attracted to running water. But, most fountains and ponds require a 120-V electrical pump which is expensive to install, may require permitting, and — if not installed properly — could potentially pose an electrocution danger to humans and wildlife. This article will show you a solar-powered alternative you can make yourself. The solar birdbath is inexpensive, easy to build, and uses readily available parts. The application shown (ground installation) is just one example of the many ways the birdbath can be configured. For more information, download this PDF. < [solar_birdbath_instructions.pdf](#) >



Field Trips & Other Chapter Happenings

Tuesday Mornings in May & June are for Early Birders!

Our popular "early bird" walks are held during spring migration and the start of nesting season. Meet at site. Maps are on SPAS website. Walks are from 7:00 - 9:00 AM. Contact leader for questions. Please join us!

June 4

Vadnais/Sucker Lake Park. Park in lot on No. side of Cty. Rd. F, approx. 1/2 mi. East of Rice Street.

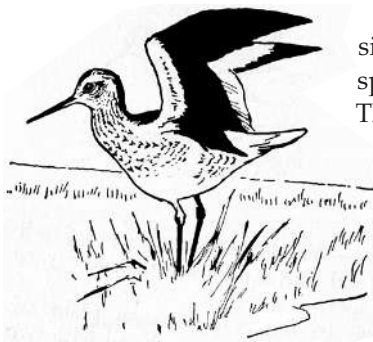
Julian Sellers, juliansellers@msn.com; Pete Nichols.

June 11

Benson Prairie, White Bear Lake. Access is next to boat ramp parking lot. West of junction of Hwy 61 and Cty J: from 'J,' immediately turn left (so.), drive 1/2 mi. to lot. The Prairie is just north of the parking lot. **Leaders:** Val Cunningham, writers2@comcast.net; and Clay Christensen, clay.christensen@comcast.net

St. Paul Audubon's Warbler Weekend

May 10-12 was an exciting combination of fallout warblers, thrushes, and other passerines, and late holdover species such as Horned Grebe, Red-breasted Nuthatch, Dark-eyed Junco, and American Tree Sparrow. Species included the first Redheads seen on the weekend in 42 years (among 11 duck species), the second Golden Eagle, Trumpeter Swan, Willet, Tufted Titmouse, Orchard Oriole, American Bittern, Prothonotary Warbler, and Louisiana Waterthrush.



A total of 135 species were sighted including 24 warbler species. A Gray-cheeked Thrush fallout was quite unusual, and the wind kept canopy warblers on the ground or at eye level. Some birds were almost oblivious of nearby observers in their zest to find food in the aftermath

of 15+ inches of snow in the area only a week or so beforehand. *A Special Thank You to all members who organized this event, and led field trips!*

SPAS MEMBER BILL STJERN

Lebanon Hills Park in Eagan

Saturday, June 1ST, 7:30-12:00

Lebanon Hills Regional Park is a terrific place for migrant and resident songbirds! Join us for a morning of birding in this beautiful 100-acre park in Eagan. We'll hike woodland, meadow, and lakeside trails. Recent sightings in this area are Canada and Mourning Warblers, Scarlet Tanager, Wood Thrush. We will carpool from Sears in St. Paul, and meet at the Holland Lake entrance, at the intersection of Lexington and Cliff Road. No registration required.

Difficulty Strenuous, distance and hilly terrain

Carpool: From Sears, map below, 7:00 am or 7:30 at Park.

Contact Paul Spreitzer, paul.spreitzer@gmail.com

Long Lake's Prairie in Bloom!

Saturday, July 9TH, 7:00-9:00 AM

Early summer prairie flowers! Come enjoy delightful summer prairie plants at this easily-accessible restored prairie. It has matured well, so diversity is notable. Prairie birds, butterflies, and other pollinators rely on these native plants for their very existence. Mid-July is the middle of the bloom period.

Meet at Park. **DIRECTIONS:** 1-35W to Hwy 96, west to T with Old Hwy 8. Drive south approx. 1/2 mile to park entrance. Meet in first parking lot on the right side.

Difficulty: Easy

Leader: Chase Davies, ccdavies@aol.com, 651-633-1663

Upcoming Events

Native Plant Expo and Market: June 1, Community Pavilion, Roseville Rainbow Foods

St. Paul Kid's Birding Class: 5 Weekday Mornings, **June 24-28.** Kids! Sign up through the St. Paul Parks and Rec website. ****Volunteers needed to help this event be successful!****

Conservation Committee's Brochure "Go native"

This brochure was written and designed by members of our Conservation Committee. It discusses the benefits of gardening with native plants, by showing how many species of **larval insects** they attract. Larval insects are great bird attractants. Get your's at the **Native Plant Expo and Market** (see box above) download it from our website, or at an upcoming Member Meeting (Sept to May).



SAINT PAUL AUDUBON SOCIETY

PO Box 7275, St Paul, MN 55107-7275
WWW.SAINTPAULAUDUBON.ORG

June July 2013

August September Deadline 7/5/2013

Welcome... To the Saint Paul Audubon Society. We're a chapter of the National Audubon Society. Our Mission is to conserve and restore natural ecosystems, focusing on birds, other wildlife, and their habitats for the benefit of humanity and Earth's biological diversity.

CALENDAR

June

- Field Trip: Lebanon Hills1
Native Plant Expo1
Board Meeting:3
TUES: Vadnais/Sucker Lakes4
TUES: Benson Prairie11
NABA Butterfly Census29

July

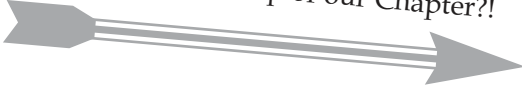
- Field Trip: Long Lake Park Reserve9

Members: Please Check the SPAS Website for Calendar Updates!

Non-profit Organization
U.S. Postage
PAID
Permit # 3795
Twin Cities, Minnesota

Time Dated Material
CHANGE SERVICE REQUESTED

It's June! Have you sent your check in for Local Sponsorship of our Chapter?!



Welcome to Facebook!

SPAS has created a Facebook page to help communicate with members. Please "Like" us next time you're on Facebook. https://www.facebook.com/Saint-Paul-Audubon

Sign up to go paperless!

Go to www.saintpaulaudubon.org, and look for the 'Go Green' button.

Watch Bird Banders

Carpenter Nature Center, Washington Co., 4TH Fridays, 8 - noon. For info and directions, call 651-437-4359.

Springbrook Nature Center, Fridley, Anoka Co.; for dates and times to www.springbrooknaturecenter.org

You may be allowed to release birds. Dress for the weather!

National Audubon Society Membership

C9ZM030Z

Yes! I will become a new member or give a new gift membership in the National Audubon Society. I will receive Audubon Magazine and Saint Paul Audubon's The Cardinal newsletter. Please fill in the form, make a check for \$20 out to National Audubon Society, and send it to the address below. Thank You Very Much!

Name _____

Address _____

City _____ State _____ Zip _____

Please sign gift card: _____

Mail to: National Audubon Society, P.O. Box 422250, Palm Coast, FL 32142-2250 (Write on envelope: "Attention: New Membership — please process immediately")

St. Paul Audubon Society Local Sponsorship

Yes! I want to be a sponsor of my local chapter, Saint Paul Audubon, by donating \$15, for which I will receive The Cardinal newsletter and other online news. Please fill in the personal information, make a check for \$15 out to Saint Paul Audubon Society, and send it to the address below. Thank You Very Much!

- I'm a NEW member! Please send my Welcome Packet right away!
I currently receive National's Audubon Magazine.

Name _____

Address _____

City _____ State _____ Zip _____

Please sign gift card: _____

Mail to: Saint Paul Audubon, c/o John O'Connell, 2184 Larry Ho Drive, St. Paul, MN 55119